

**Trinity Services Group  
Weekly Cycle Menu  
Clay County Detention Center**

Menu Week 1

State: Florida

	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
	Meal # 1	Meal # 4	Meal # 7	Meal # 10	Meal # 13	Meal # 16	Meal # 19
B						Fruit Juice	
R						Dry Cereal	
E	Grits 1 Cup	Oatmeal 1 Cup	Grits 1 Cup	Grits 1 Cup			Grits 1 Cup
A							
K	Scrambled Egg 4 WZ	Scrambled Egg 4 WZ	Scrambled Egg 4 WZ	Scrambled Egg 4 WZ	Scrambled Egg 4 WZ	Meat Country Gravy 3/4 Cup	Scrambled Egg 4 WZ
F	Turkey Ham 2 WZ	Turkey Ham 2 WZ	Turkey Sausage 2 WZ	Turkey Ham 2 WZ	Turkey Ham 2 WZ	Hash Brown 1/2 Cup	Turkey Ham 2 WZ
A							
S	Biscuit 1 Each	Biscuit 1 Each	Pancakes 2 Each	Biscuit 1 Each	Biscuit 1 Each	Biscuit 1 Each	Biscuit 1 Each
T	Jelly 1/2 WZ	Jelly 1/2 WZ	Syrup 1 1/2 WZ	Jelly 1/2 WZ	Jelly 1/2 WZ	Jelly 1/2 WZ	Jelly 1/2 WZ
	Vitamin Beverage 1 Cup	Vitamin Beverage 1 Cup	Vitamin Beverage 1 Cup	Vitamin Beverage 1 Cup	Vitamin Beverage 1 Cup	2% Milk with Vit A & D 1 Cup	Vitamin Beverage 1 Cup
	Meal # 2	Meal # 5	Meal # 8	Meal # 11	Meal # 14	Meal # 17	Meal # 20
L	Chuckwagon Patty 4 WZ	Diced Turkey Ham with Noodles 1 1/4 Cup	Meatloaf Gravy 2 FZ	Sausage Gravy 2 FZ	Cheeseburger 4 WZ	Salisbury Patty Gravy 2 FZ	Chuckwagon Patty Ketchup Pk 1 Each
U	White Rice 1 Cup	Peas 1/2 Cup	Mashed Potatoes 1 Cup	Noodles 1 Cup	Home Fries 1 Cup	Mashed Potatoes 1 Cup	Rice 1 Cup
N	Green Beans 1/2 Cup	Carrots 1/2 Cup	Carrots 1/2 Cup	Broccoli 1/2 Cup	Toss Salad Dressing 1 Each	Peas and Carrots 1/2 Cup	Mixed Vegetables 1/2 Cup
C							
H	Enriched Bread 2 Slice	Enriched Bread 2 Slice	Enriched Bread 2 Slice	Enriched Bread 2 Slice	Enriched Bread 2 Slice	Enriched Bread 2 Slice	Enriched Bread 2 Slice
	Cake Iced or Glazed 1 Slice	Cake Iced or Glazed 1 Slice	Brownie 1 Each	Cake Iced or Glazed 1 Slice	1/2 Cup Canned Fruit or Fresh Fruit 1 Cup	Cake Iced or Glazed 1 Slice	Pudding 1/2 Cup
	Vitamin Beverage 1 Cup	Vitamin Beverage 1 Cup	Vitamin Beverage 1 Cup	Vitamin Beverage 1 Cup	Vitamin Beverage 1 Cup	Vitamin Beverage 1 Cup	Vitamin Beverage 1 Cup
	Meal # 3	Meal # 6	Meal # 9	Meal # 12	Meal # 15	Meal # 18	Meal # 21
D	Beef Patty 3 WZ	Meat Macaroni Casserole 1 1/4 Cup	Rotini with Meat Sauce 1 1/4 Cup	Navy Beans with Turkey Ham 1 Cup	Baked Chicken Leg Gravy 2 FZ	Sloppy Joe 1/2 Cup	Breaded Chicken Patty 1 Each
N	Gravy 2 FZ						
N	Mashed Potatoes 1 Cup	Green Beans 1/2 Cup	Toss Salad Dressing 1 Each	Rice 1 Cup	Mashed Potatoes 1 Cup	Home Fries 1 Cup	Mashed Potatoes 1 Cup
N	Peas and Carrots 1/2 Cup	Green Beans 1/2 Cup	Toss Salad Dressing 1 Each	Peas 1/2 Cup	Corn 1/2 Cup	Coleslaw 1/2 Cup	Carrots 1/2 Cup
E	Enriched Bread 2 Slice	Enriched Bread 2 Slice	Enriched Bread 2 Slice	Enriched Bread 2 Slice	Enriched Bread 2 Slice	Enriched Bread 2 Slice	Enriched Bread 2 Slice
R							
	Pudding 1/2 Cup	1/2 Cup Canned Fruit or Fresh Fruit 1 Each	Cookie 1 Each	Pudding 1/2 Cup	Pudding 1/2 Cup	Cookie 1 Each	Cake Iced or Glazed 1 Slice
	Vitamin Beverage 1 Cup	Vitamin Beverage 1 Cup	Vitamin Beverage 1 Cup	Vitamin Beverage 1 Cup	Vitamin Beverage 1 Cup	Vitamin Beverage 1 Cup	Vitamin Beverage 1 Cup

\*Items designated by "FZ" are volume measurements. \*Items designated by "WZ" are weighted measurements. \*Menus substitutions may occur due to extraordinary circumstances or product availability.

*Janita Thomas RD RD*  
Dietitians Signature Date 9/20/2011

*[Signature]*  
Food Service Director Date

*[Signature]*  
Client's Signature Date 12/20/2011

Regional Dietitian for Trinity Services  
Registration Number: 326132  
Florida License: ND-1429

**Trinity Services Group  
Weekly Cycle Menu  
Clay County Detention Center**

**Menu Week 2**

**State: Florida**

	THURSDAY Meal # 22	FRIDAY Meal # 25	SATURDAY Meal # 28	SUNDAY Meal # 31	MONDAY Meal # 34	TUESDAY Meal # 37	WEDNESDAY Meal # 40
B							
R						Fruit Juice	
E	1 Cup	Oatmeal	1 Cup	Grits	1 Cup	Dry Cereal	1 Cup
A							
K	4 WZ	Scrambled Egg	Scrambled Egg	4 WZ	4 WZ	Meat Country Gravy	3/4 Cup
F	2 WZ	Turkey Sausage	2 WZ	2 WZ	2 WZ	Hash Brown	1/2 Cup
A							
S	1 Each	Pancakes	2 Each	1 Each	1 Each	Biscuit	1 Each
T	1/2 WZ	Syrup	1 1/2 WZ	1/2 WZ	1/2 WZ	Jelly	1/2 WZ
Vitamin Beverage	1 Cup	Vitamin Beverage	1 Cup	Vitamin Beverage	1 Cup	2% Milk with Vit A & D	1 Cup
	Meal # 23	Meal # 26	Meal # 29	Meal # 32	Meal # 35	Meal # 38	Meal # 41
Ziti with Meat Sauce	1 1/4 Cup	Macaroni and Cheese with Turkey Ham	Northern Beans with Turkey Ham	Sausage Gravy	4 WZ	Turkey Franks	2 Each
L							
U							
N	1/2 Cup	Green Beans	1/2 Cup	Mixed Vegetables	1/2 Cup	Mashed Potatoes	1 Cup
C	1 Each	Enriched Bread	2 Slice	Enriched Bread	2 Slice	Enriched Bread	2 Slice
H							
Pudding	1/2 Cup	Cake Iced or Glazed	1/2 Cup Canned Fruit	1/2 Cup	Sliced Apples	1/2 Cup	1/2 Cup Canned Fruit or Fresh Fruit
Vitamin Beverage	1 Cup	Vitamin Beverage	1 Cup	Vitamin Beverage	1 Cup	Vitamin Beverage	1 Cup
	Meal # 24	Meal # 27	Meal # 30	Meal # 33	Meal # 36	Meal # 39	Meal # 42
Salisbury Party	3 WZ	Chicken Party	4 WZ	Beef Party	1 Each	Beef Party	3 WZ
Gravy	2 FZ	Gravy	2 FZ	Ketchup Pk	1 Each	Gravy	2 FZ
D	1 Cup	Mashed Potatoes	1 Cup	Home Fries	1 Cup	Mashed Potatoes	1 Cup
Mixed Vegetables	1/2 Cup	Broccoli	1/2 Cup	Green Peas	1/2 Cup	Cole Slaw	1/2 Cup
N							
N	2 Slice	Enriched Bread	2 Slice	Enriched Bread	2 Slice	Enriched Bread	2 Slice
1/2 Cup Canned Fruit or Fresh Fruit	1 Each	Brownie	1 Each	1/2 Cup Canned Fruit or Fresh Fruit	1 Each	Cake Iced or Glazed	1 Slice
Vitamin Beverage	1 Cup	Vitamin Beverage	1 Cup	Vitamin Beverage	1 Cup	Vitamin Beverage	1 Cup

\*Items designated by "FZ" are volume measurements. \*Items designated by "WZ" are weighted measurements. \*Menus substitutions may occur due to extraordinary circumstances or product availability.

*Wanda Thomas RD RD*  
Dietitians Signature Date 9/20/2011

*Stephane*  
Food Service Manager Date

*Jim Smith*  
Client's Signature

12/20/2011  
Date

Regional Dietitian for Trinity Services  
Registration Number: 328132  
Florida License: ND-1429

**Trinity Services Group  
Weekly Cycle Menu  
Clay County Detention Center**

**Menu Week 3**

**State: Florida**

	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
	Meal # 43	Meal # 46	Meal # 49	Meal # 52	Meal # 55	Meal # 58	Meal # 61
B						Fruit Juice	
R						Dry Cereal	
E	1 Cup Grits	1 Cup Oatmeal	1 Cup Grits	1 Cup Grits	1 Cup Dry Cereal	1 Cup Grits	1 Cup Grits
A	4 WZ Scrambled Egg	4 WZ Turkey Sausage	4 WZ Scrambled Egg	4 WZ Scrambled Egg	4 WZ Meat Country Gravy	3/4 Cup Hash Brown	4 WZ Scrambled Egg
K	2 WZ Turkey Ham	2 WZ Turkey Sausage	2 WZ Turkey Ham	2 WZ Turkey Ham	2 WZ Turkey Ham	1/2 Cup Hash Brown	2 WZ Turkey Ham
F							
S	1 Each Biscuit	1 Each Pancakes	2 Each Biscuit	1 Each Biscuit	1 Each Biscuit	1 Each Biscuit	1 Each Biscuit
T	1/2 WZ Jelly	1/2 WZ Syrup	1 1/2 WZ Jelly	1/2 WZ Jelly	1/2 WZ Jelly	1/2 WZ Jelly	1/2 WZ Jelly
Vitamin Beverage	1 Cup Vitamin Beverage	1 Cup Vitamin Beverage	1 Cup Vitamin Beverage	1 Cup Vitamin Beverage	1 Cup Vitamin Beverage	2% Milk with Vit A & D	1 Cup Vitamin Beverage
Meal # 44	Meal # 47	Meal # 50	Meal # 53	Meal # 56	Meal # 59	Meal # 62	
Chuckwagon Patty	Meatloaf	Ziti with Meat Sauce	Pinto Beans with Turkey Ham	Turkey & Vegetable Stew	Meatloaf	Turkey Bologna	
Gravy	Gravy	Gravy			Ketchup Pkt	Mustard Pkt	
2 FZ	2 FZ	1 1/4 Cup	1 Cup	1 Cup	3 WZ	3 WZ	
U	1 Cup White Rice	1 Cup Mashed Potatoes	1 Cup Broccoli	1 Cup Rice	1 Cup Rice	1 Cup Home Fries	1 Cup Potato Salad
N	1/2 Cup Green Beans	1/2 Cup Carrots	1/2 Cup Carrots	1/2 Cup Carrots	1/2 Cup Corn	1/2 Cup Carrots	1/2 Cup Toss Salad
C							
H	2 Slice Enriched Bread	2 Slice Enriched Bread	2 Slice Enriched Bread	2 Slice Enriched Bread	2 Slice Enriched Bread	2 Slice Enriched Bread	2 Slice Enriched Bread
Pudding	1/2 Cup Pudding	1 Each Brownie	1 Each Cookie	1 Each Cookie	1 Each Pudding	1/2 Cup Pudding	1/2 Cup Pudding
Vitamin Beverage	1 Cup Vitamin Beverage	1 Cup Vitamin Beverage	1 Cup Vitamin Beverage	1 Cup Vitamin Beverage	1 Cup Vitamin Beverage	1 Cup Vitamin Beverage	1 Cup Vitamin Beverage
Meal # 45	Meal # 48	Meal # 51	Meal # 54	Meal # 57	Meal # 60	Meal # 63	
Turkey a la King with Noodles	Turkey Franks Mustard Pkt	Hamburger Patty	Chuckwagon Patty	Sausage	Baked Chicken Leg	Meat Macaroni Casserole	
1 1/4 Cup	2 Each	3 WZ	4 WZ	4 WZ	1 Each	1 1/4 Cup	
D	1 Cup Peas	1/2 Cup Corn	1 Cup Mashed Potatoes	1 Cup Creamed Noodles	1 Cup Mashed Potatoes	1 Cup Mashed Potatoes	
N	1/2 Cup Peas	1 Cup Green Peas	1/2 Cup Green Peas	1/2 Cup Green Beans	1/2 Cup Peas & Carrots	1/2 Cup Green Peas	
E	2 Slice Enriched Bread	2 Slice Enriched Bread	2 Slice Enriched Bread	2 Slice Enriched Bread	2 Slice Enriched Bread	2 Slice Enriched Bread	
1/2 Cup Canned Fruit or Fresh Fruit	1 Each Cake Iced or Glazed	1 Slice Sliced Apples	1/2 Cup Cake Iced or Glazed	1 Slice Cake Iced or Glazed	1 Each Cake Iced or Glazed	1 Slice Cake Iced or Glazed	
Vitamin Beverage	1 Cup Vitamin Beverage	1 Cup Vitamin Beverage	1 Cup Vitamin Beverage	1 Cup Vitamin Beverage	1 Cup Vitamin Beverage	1 Cup Vitamin Beverage	
*Items designated by "FZ" are volume measurements. *Items designated by "WZ" are weighted measurements. *Menus substitutions may occur due to extraordinary circumstances or product availability.							

*Handwritten Signature*  
Date: 9/20/2011

*Handwritten Signature*  
Food Service Manager

*Handwritten Signature*  
Client's Signature

Date: 12/20/2011

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**Trinity Services Group  
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Clay County Detention Center**

**Menu Week 4**

**State: Florida**

	THURSDAY Meal # 64	FRIDAY Meal # 67	SATURDAY Meal # 70	SUNDAY Meal # 73	MONDAY Meal # 76	TUESDAY Meal # 79	WEDNESDAY Meal # 82
B			Fruit Juice 4 FZ		Fruit Juice 4 FZ		
R			Dry Cereal 1 Cup	Grits 1 Cup	Dry Cereal 1 Cup	Grits 1 Cup	
E	1 Cup Oatmeal	1 Cup	Boiled Eggs 2 Each	Scrambled Egg 4 WZ	Scrambled Egg 4 WZ	Meat Country Gravy 3/4 Cup	Scrambled Egg 4 WZ
A	4 WZ	WZ	Turkey Ham 2 WZ	Turkey Ham 2 WZ	Turkey Ham 2 WZ	Hash Brown 1/2 Cup	Turkey Ham 2 WZ
F	2 WZ Turkey Sausage	2 WZ					
T	1/2 WZ Jelly	1/2 WZ Jelly	1/2 WZ Jelly	1/2 WZ Jelly	1/2 WZ Jelly	1/2 WZ Jelly	1/2 WZ Jelly
S	1 Each Pancakes	2 Each Biscuit	1 Each Biscuit	1 Each Biscuit	1 Each Biscuit	1 Each Biscuit	1 Each Biscuit
A	1/2 WZ Syrup	1/2 WZ Jelly	1/2 WZ Jelly	1/2 WZ Jelly	1/2 WZ Jelly	1/2 WZ Jelly	1/2 WZ Jelly
Vitamin Beverage	1 Cup	1 Cup	2% Milk with Vit. A & D 1 Cup	Vitamin Beverage 1 Cup	Vitamin Beverage 1 Cup	2% Milk with Vit. A & D 1 Cup	Vitamin Beverage 1 Cup
Meal # 65	Sausage 4 WZ	Meal # 68	Cheeseburger 4 WZ	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 66	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 67	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 68	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 69	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 70	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 71	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 72	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 73	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 74	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 75	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 76	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 77	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 78	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 79	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 80	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 81	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 82	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 83	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 84	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 85	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 86	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 87	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 88	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 89	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 90	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 91	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 92	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 93	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 94	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 95	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 96	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 97	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 98	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 99	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83
Meal # 100	Meatloaf 3 WZ	Meal # 71	Chicken Broccoli Alfredo 1 Cup	Meal # 74	Meal # 77	Meal # 80	Meal # 83

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*Shonda Stearns RD RD*  
9/20/2011

*Neil Gomb*  
Food Service Manager

*Jan Smith*  
Client's Signature

12/20/2011  
Date

Regional Dietitian for Trinity Services  
Registration Number: 326132  
Florida License: ND-1429